BLUEGRASS MOUNTAIN CUP DUFFIELD ENDURG

STAGE 1: RED TRAIL SECTION STAGE 2: DEADMAN'S SPUR to BLUE STAGE 3: FLOW/YELLOW STAGE 4: HIKING TRAIL STAGE 5: LOAMER to QUARRY STAGE 6: SLALOM NOTES:

- You can take Yellow Trail from parking lot up Bruce's Return to the top for all stages except for Stage 5.
- You can take the Road to the top, but we suggest the trail as it is much easier.

